

News from Portugal

Maj-Lis Johansson, head of the activity in Portugal, celebrated her 70th birthday on April 25 this year.

We, the members of the board of Mai-Lis Humanitarian Foundation wish to give attention to this fact and ask you;



Give willingly a gift in appreciation of all the work Maj-Lis has done and does to help other fellow beings. How to give a gift is written in the text below. Please write Maj-Lis 70 on the counterfoil. Thank you for your gift.

The Board

Roland Sjöholm, Gunnel Sjöholm, Samuel Johansson, Nils-Gunnar Nilsson, Gun-Brith Nilsson

Give a gift to the Maj-Lis Foundation!

The Foundation thanks for the gifts received. The gifts are used to help more people.

Foundations Gift Account:

IBAN: SE1395000099602609004995

BIC/SWIFT: NDEASESS

Bankadress: Nordeabank Sweden, SE 105 73 Stockholm

If you send an email to maj-lis@johansson.com we can make sure you keep receiving the Newsletter about how the Foundations work proceeds, thanks to your help.

Layout: Samuel Johansson Illustration: Maj-Lis Johansson
Translation: Inga Gullander Photo: Jeppe Gustafsson

A Hope in the Dark

A Newsletter From

Maj-Lis Humanitarian Foundation in Portugal

June - August 2009



She was helped to break free from the slums. Now she has a good job and can help others.



Year 1999. Demolition of the sheds in the slums of Carcavelos has started ... Sofia's mother has crowded together with others in one of the sheds that is still left. Sofia, 12, lived with her mother in a very little tumble-down shed and was always locked up except school hours. Sofia was the first child registered for the summer camp of the Foundation the summer before. She has managed preserved her faith and purity in her isolation and last autumn we found a Christian family, where Sofia now stays. She has the best grades in her school and is an example for others. She does not yet know that her "home" has been levelled with the ground in order to make place for a big broad road that is going to pass there.

Today 2009 everything is different for her. Beside her photo in 1999 we wrote: A personal contribution from you can help this girl or somebody else from the shantytowns of Lisbon to study and be able to get a job in the future. Today Sofia works on a bank in London and can help others.

You can really also join and give someone the possibility to get a good start, which can change the rest of their lives. At the same time you take part in interrupting the vicious circle that initially caused the problems. A world where nobody cares.

Summer greetings 2009

Dear Friends,

What to do to make people in our world feel better? Is it even worthwhile to try to do something? Or will that only be like a drop in the ocean?

During the years we have seen in our work with the Foundation, how many who have had a hard life, now have it better. Often the turning-point came, when they were helped to get started. Somebody spent their time just for them.

A friend sent me a five hundred years old prayer, **about blessing others**. It expresses in words that **we are really needed** in our world today:

- Jesus, our Lord, You have no other body on earth but ours, no hands but ours, no feet but ours. Ours are the eyes through which your compassion must look out on the world. Ours are the hands with which you bless the people now. Bless our minds and bodies, **that we may be a blessing to others**. Amen.

First God must influence me and make my thoughts and acts good. First, it is necessary to experience God, to be able to reach out to others. We, you and I, shall be his representatives and He must be alive in my world if I shall be able to influence the bigger world around me, and make others aware. You and I may take part. Your gift can make the whole difference: **a meal, a shirt, a job, a computer, a wheel chair, a walking frame, a personal visit - exactly the thing that can start the healing process, they did not know existed. Take part in this, you to.**



Maj-Lis Johansson
Av. Anibal F da Silva 319, R/C
P-2775-692 CARCAVELOS, Portugal

Tel +351 214 560 147
Fax 0014127743763
Maj-Lis@Johansson.com

The work of many years goes on

What has been done over the years has made a difference for so many people. We cannot stand to see people suffering if it is possible to do something about the situation. There is a huge need of our help.

During the passed years, homes for children and old people have got support from the Foundation. Families have got help taking care of children from the slums. Homes for detoxication and treatment of addicts, training of co-workers and help organization of distribution centres, are other contributions of the Foundation, except the in- numerous individual cases that have been accompanied, as well as various actions for the Third World.

We can go on telling about God's love and reaching out a helping hand, as long as we get sponsors for the expenses of the activities. We receive material gifts, but without a financial support we can't carry out the effective intermediation of advice and assistance.

You are welcome joining us and make a difference!
Send your gift to the foundation. See on the back how you can help the easiest.



Address to Foundation:

Gunnel & Roland Sjöholm
Andréevägen 33
S-554 66 Jönköping, Sweden

Tel +46 36 - 14 03 60
gunnelochroland@glocalnet.net